



# *Perspective Shapers*

## **Personal Development**

- Braving the Wilderness
- Fear is My Homeboy
- The Universe Has Your Back
- Can't Hurt Me
- You Are a Badass at Making Money
- Stillness is the Key
- The War of Art

## **Therapy in book form**

- How to Do the Work
- The Body Keeps the Score
- What Happened to You?
- Atlas of the Heart
- Burnout

## **Women's Health / Fitness**

- Hormone Intelligence
- The Diet Survivor's Handbook
- Beyond a Shadow of a Diet
- Thinner, Leaner, Stronger
- The Women's Book - Lyle McDonald

## **Leadership / Career Development**

- Dare to Lead
- Span of Control
- Co-Active Leadership: Five Ways to Lead